

Phase		Unit 1 and 2	Unit 3 and 4	Unit 5 and 6	Unit 7 and 8	Unit 9 and 10	Unit 11 and 12
KS1	Year A	Ball skills Sending and receiving	Dance Fitness	Gymnastics Fundamentals	Net wall Team building	Swimming Striking and fielding	Swimming Athletics
	Year B	Ball skills Invasion games	Dance Yoga	Gymnastics Fundamentals	Target games Team building	Swimming Athletics	Swimming Sport's day practice
LKS2	Year A	Basketball Hockey	Dance Fitness	Gymnastics Ball skills	Dodgeball Golf	Swimming Athletics	Swimming OAA
	Year B	Cricket Fundamentals	Dance Handball	Gymnastic Rounders	Football Netball	Swimming Athletics	Swimming Tennis
UKS2	Year A	Basketball Hockey	Dance Fitness	Gymnastics Yoga	Dodgeball Golf	Swimming Athletics	Swimming OAA
	Year B	Cricket Tag rugby	Dance Handball	Gymnastics Rounders	Football Netball	Swimming Athletics	Swimming Badminton